



## **EDUCATION**

- Psychodrama (in training) San Diego, CA 10/2011-
- Trainer of the Bonny Method of Guided Imagery and Music, Atlantis Institute, 2011-2012
- Reiki (levels 1,2, and 3) San Diego, CA 9/2007-9/2008
- Ph.D. program in Expressive Arts Therapy, SDUIS, San Diego, CA 9/2000- 11/2004
- The Bonny Method of Guided Imagery and Music Advanced Training Course, Therapeutic Arts Institute, CA 11/01-8/04
- MARI Course in Mandala Assessment, ATMA, San Diego 7/01
- Certificate Program In Play Therapy, UCSD, San Diego, CA 2000
- Masters in Couple Psychotherapy, AMETEP, Mexico City 8/95-7/97
- Certificate program in Thanatology, AMETEP, Mexico City 1996
- Certificate Program in Bach Flower Therapy, Mexico City 1993-1995
- B.A in Economy, ITAM. Mexico City 1/90-12/94

## **WORK EXPERIENCE**

- More than twenty years working as a Bach Flower Therapy practitioner in Mexico City, San Diego, CA, and Tijuana 1993-
- Working as a therapist using the Bonny Method of Guided Imagery and Music, and Art Therapy among other therapies. 2005-
- Facilitating workshops in San Diego, Ca, Mexico City , and Tijuana. 1/03-
- Taught Expressive Arts Therapy at San Diego University of Integrative Studies.
- Supervising therapists in the Bonny Method of Guided Imagery and Music
- Teacher preparing therapist in the Bonny Method of Guided Imagery and Music
- Teaching at SDUIS, Expressive Arts Therapy Program, San Diego, CA 2008
- Given Interviews in tv, Buenos Dias Tijuana, and Despierta San Diego
- Columnist on the online news: San Diego Red and Diario Judío
- TEDx Speaker in Tijuana Women December 2011
- Volunteer facilitating group therapy at the Community Resource Center, Encinitas, CA 3/05-2007
- Facilitating workshops for therapists in the use of art, music and imagery. San Diego, CA and México.
- Volunteer facilitating group therapy at the Community Resource Center, Encinitas. CA. 3/05-2007
- Lectures on The Bach Flower Therapy, Panama City, San Diego, and Tijuana
- A year and a half internship giving individual and group therapy utilizing Expressive Arts Therapy at the Jewish Family Center. 2001-2003
- One year working as volunteer facilitating group therapy with incest abused families at The Family Stress Center, Chula Vista, CA. 1998-1999
- Three years in private practice as a therapist in Mexico City 1995-1998